

Steven A. Hoskinson

Founder, Director of Education at Organic Intelligence®

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SUMMARY

Steve Hoskinson is the founder of Organic Intelligence® (OI™), with over 25 years of experience on the global stage as an author, teacher, trainer, thought leader and presenter in Post-Trauma Growth. He has trained thousands of therapists, coaches, and helping professionals worldwide, serving at values-driven educational, health, and resilience institutions. Dedicated to empowering healers, caregivers, and the next generation of leaders in the therapeutic field, Steve has created the OI Trajectory for Post-Trauma Growth, a thoroughly supportive, CE-accredited training trajectory that includes the End of Trauma Course, the OI Coach Certification program, and advanced clinical programs.

PROFESSIONAL EXPERIENCE

- 2015 - present Founder and Director of Education at Organic Intelligence
- 2015 - 2023 Adjunct Faculty, JFK School of Psychology at National University, Program in Counseling Psychology, Somatic Psychology, Pleasanton, CA
- 1999 - 2016 Senior International Faculty & Trainer, SE Trauma Institute

COUNSELING AND SUPERVISING EXPERIENCE

- 1995 - present Trauma and Post-Trauma Growth, Consultant and Trainer, Organic Intelligence, Santa Cruz, CA

BOARD & FOUNDER POSITIONS

- International Transformational Resilience Coalition (ITRC). Founding Member, National Steering Committee.
- Northern California Society for Integrative Mental Health. Founding Member.
- Organic Intelligence Outreach Institute (OIOI). Board Chair.
- The Trauma Foundation. Advisory Board.
- The United States Association for Body Psychotherapy (USABP). Advisory Board.

PROFESSIONAL AFFILIATIONS

American Academy of Experts in Traumatic Stress

European Association for Body Psychotherapy

European Association for Trauma and Dissociation

International Society for the Study of Trauma and Dissociation

International Society for Traumatic Stress Studies

US Association for Body Psychotherapy

International Positive Psychology Association

EDUCATION

1986 - 2005 Clinical Psychology, Fuller Graduate School of Psychology, Pasadena, CA

1998 M.A.T. Theology, Fuller Theological Seminary, Pasadena, CA

1988 M.A. Psychology, Fuller Graduate School of Psychology, Pasadena, CA

1983 B.A. (Religion), Wake Forest University, Winston-Salem, NC

TRAINING PROGRAMS, WORKSHOPS & PRESENTATIONS

KEYNOTES & PLENARY ADDRESSES

- **2026 (upcoming, September)** - "Polarization's Undoing: Therapeutic Steps to Auto-Organization", Keynote Address for the biannual conference of the European Association for Body Psychotherapy, Cork, Ireland
- **2023** - "The Transformative Effect of Therapy...For the Therapist" - 55th Annual Southwestern School for Behavioral Health Studies Conference
- **2019** - "Empowering Compassion: The Human Nature of Healing Trauma with Organic Intelligence" - European Society for Trauma and Dissociation Annual Conference, Rome
- **2018** - "Revisioning Therapy and Re-synching Our Psychology" - Keynote, Southwestern School of Behavioral Science
- **2017** - "Organic Intelligence" - Keynote, US Trager Association National Conference
- **2015** - "Complex Coherent Systems in Psychotherapy" - Keynote, Prescott College, Somatic Psychology Program
- **2010** - "De-escalating Stress and Healing Trauma" - Keynote, 18th Annual Child Abuse Prevention Conference, Flagstaff, AZ

INTERNATIONAL & GLOBAL TRAININGS

- **2021-present** - The OI Trajectory of Professional Training in Post-Trauma Growth, including the OI Coach Certification (OICC) program
- **2015 - present** - OI HEARTraining® (Human Empowerment & Resiliency Training) and Coaching Certification - U.S., Switzerland, Turkey
- **2013 - 2019** - Organic Intelligence® Trainings & Demonstration Sessions - Istanbul, London, Tel Aviv, Zurich, Copenhagen, Rome, Belfast

- **2012- 2016** – Professional Trainings – Denmark, Germany, Ireland, Japan, Netherlands, Norway, Switzerland, Israel
- **2009** – “Chaos Theory & Phase Transitions in Processing Implicit & Explicit Memory of Trauma” – Prague, Czech Republic; Lausanne, Switzerland; Zurich, Switzerland; Tucson, AZ.
- **2008** – “From Biology To Cosmos: A Systems View of Symptom Reinforcement and Extinction”, 4-day residential seminar – Les Granges, Switzerland
- **2007-2009** – Trauma Healing Interventions (development and implementation of multi-year intervention and education for relief in war-torn nation) – Democratic Republic of Congo
- **2002-2018** – Professional Trauma Trainings – Europe, U.S., and JFK School of Psychology, National University

MAJOR CONFERENCE PRESENTATIONS

- **2025** – “Biological Organization is the Foundation for Psychological Wellness” – Southwestern School of Behavioral Science Annual Conference, Chandler, Arizona.
- **2024** - “Stages of Post-Trauma Growth in The Age of Polarization”, Webinar for the US Association for Body Psychotherapy.
- **2023** – “Somatic Evolution: Post-Trauma Growth as Inclusion” – United States Association for Body Psychotherapy (USABP) Annual Conference, San Francisco
- **2021** – “Chaos in Therapy” – United States Association for Body Psychotherapy (USABP)
- **2018** - “An Introduction to Organic Intelligence,” International Trauma Recovery Summit (ITRS), Belfast, Ireland
- **2015** – “Organic Intelligence & The Fractal Nature of Body & Mind” – SE International Conference, Denmark
- **2014** – “Organic Intelligence & Exposure Therapy” – 19th International Conference on Violence, Abuse & Trauma
- **2010** – “Trauma, Development and Attachment” – Somatic Psychology Forum (JFK School & CIIS)
- **2010** – “When & Why Not Somatic Experience? Integration Through Mindful Dissociation.” Presentation for The 12th Congress of the European Association for Body Psychotherapy, Vienna, Austria.
- **2007** – “Emerging Coherence in Somatically Informed Therapy” – American Academy of Psychotherapists Annual Conference

FACULTY ROLES, COURSE & CERTIFICATION DEVELOPMENT

- **2024 - present** - OI Growth Expert program- mentorship of senior OI members in faculty development and advanced clinical training
- **2019 - 2023** – OI Coach Certification (OICC)
- **2020 - 2022** – The End of Trauma Course (10-week advanced training), PTSD (Post-Trauma Systems Development Course, Trauma Safe™ Series: Nurturing Our Well-being (NOW), Journey of You (JOY), Moving Into Stillness

- **2003 - 2016** – Practicum: Somatic Approaches to Trauma – JFK School of Psychology at National University

THOUGHT LEADERSHIP & INNOVATIVE FRAMEWORKS

- **2023** – “A Non-Directive Positive Reinforcement Framework for Addiction Treatment” – PCPSI Masterclass Series
- **2020** – “How to Prevent Somatic Help from Becoming Another Tool of Domination” – Embodiment Conference
- **2015** – “Implicit Memory Integration Without Flooding” – Webinar for goodtherapy.org
- **2007** – “Narrative as a Tool for SE” – The Meadows / Foundation for Human Enrichment
- **2006** – “Healing Stories, Creative Conversation” – Zurich, Switzerland

CLINICAL SERVICE WITH UNDERSERVED & HIGH-NEED POPULATIONS

- **2022** – “Working With Survivors of Torture and Other Severe Trauma.” – Workshop for therapists, sponsored by SURVIVORS of Torture International & San Diego Psychological Association
- **2022** – “Addiction and Post-Trauma Growth.” – Southwestern School for Behavioral Health Studies, Tucson, AZ
- **2019** – “Trauma-Safe™ Support for LGBTQ+ Resilience.” – Amnesty International, London
- **2016** – HEARtraining (a specialized training recognizing the vital importance of aboriginal ways, the genocide of Native peoples, and focused on the healing of intergenerational trauma) – Southern Indian Health Council, Alpine, San Diego, CA
- **2012** – “Using OI in Play Therapy with Children.” – Two-day workshop, Berkeley, CA
- **2010** – “Trauma Healing: Skills Building for Working with Children and Families.” – Workshop, Flagstaff Medical Center
- **2009** – “Trauma Healing.” – San Diego Gay & Lesbian Center
- **2009** – “Multiple Trauma Vortex: Associative Networks & Conditioning Paradigms for Trauma Work.” – San Diego, CA & Berlin, Germany
- **2006** – “Recovery, Balance and The Nervous System”, workshop at Shakti Rising, a recovery program for young women, San Diego, CA.

SUMMITS, PODCASTS & LIVE EVENTS

- **2023** – Post-Trauma Growth Summit – Featured Presenter: “Love After Abuse: Helping Women Find Safe, Trusting Relationships With Others And Themselves”
- **2022** – Coaches Rising Summit & Podcast – Featured Guest: “A Trauma-Safe Approach to Coaching”
- **2020** – Mindfulness & Compassion Global Summit – Featured Speaker

- **2020** – Embodied Trauma Summit – Featured Presenter: “Fractal Regeneration for Overly Pruned Family Trees”
- **2020** – Embodiment Conference – Panelist & Presenter: “What is Embodiment and Why Does it Matter?”, “How to Find Your Emergence (It’s Already Happened)”
- **2020** – “Trauma and COVID” – with Mark Walsh, Ilan Stephani, Magdalena Weinstein
- **2013** – “Organic Intelligence & Self Compassion” – with Claudio Naranjo, Orvieto, Italy

SPECIAL COLLABORATIONS & RESEARCH CONTRIBUTIONS

- **2019** – Broken Brain 2 Series – with Dr. Mark Hyman
- **2014** – Webinar on Climate Change & Trauma – International Transformational Resilience Coalition
- **2009** – Transforming Trauma Leaders Forum, Garrison Institute – Invited expert with Bessel van der Kolk, John Briere, et al.
- **2009** – Interoception Study, UCSF Osher Center – SOMA Study Panelist, Primary Investigator: Wolf Mehling, MD

PUBLICATIONS

Hoskinson, S. & Ho, B. (2025). Post-Trauma Growth: Guidelines and guardrails. In H. Grassman, M. Stupiggia, & S. Porges, (Eds), *Somatic-oriented therapies: Embodiment, trauma and polyvagal perspectives*. (pp. 57-68). New York: W.W. Norton.

Hoskinson, S., Ho, B. (2022). A Non-Directive Positive Reinforcement Framework for Trauma and Addiction Treatment. *International Body Psychotherapy Journal*, 21(1), 53-65.

The End of Trauma Podcast Series (2018, 2019). The End of Trauma Podcast. 4 Episodes. <https://endoftrauma.org>.

Hoskinson, S. A. (2018). The Yin & Yang of Being & Doing in Therapy. <https://somaticpsychotherapytoday.com/the-yin-yang-of-being-doing-in-therapy/>

Hoskinson, S. A. (2018). Organic Intelligence (Revival: Somatic Methodism & My Departure from the SE Trauma Institute) <https://somaticpsychotherapytoday.com/organic-intelligence/>

Podcast (2017). Coleyology. Interview with Nicole Lemaster.

Interview (2017). Therapy from a Systems Perspective. An interview conducted by Dr. Paul Leslie for Potential Not Pathology.

Hoskinson, S. A. (2015). Your Right to Project: Organic Intelligence and the Projective Psyche. <https://goodtherapy.org>