



# HEARTraining® Retreat 5 Learning Objectives

## 6-Day Format

1. Demonstrate basic skills in using the OI approach in relief work
2. Demonstrate basic skills in using the OI approach in crisis intervention
3. Demonstrate basic skills in using the OI approach in disaster management
4. Identify the schemas of body organization from osteopathy, including Diaphragms
5. Demonstrate basic knowledge of unique clinical signs associated with explicit client content related to physical injury (e.g. surgery, broken bones, lacerations, burns, etc.)
6. Demonstrate basic knowledge of unique clinical signs associated with explicit client content related to hypoxia (e.g. near drowning, strangulation, anesthesia)
7. Describe the likely source, in nervous system terms, of syndromal systems
8. Identify the clinical signs of syndromal systems
9. Demonstrate basic skills in working in OI Phase 2 & 3 for work with syndromal systems (e.g. migraine, fibromyalgia, intestinal disorders, etc.).