



HEARTraining® Retreat 3 Learning Objectives

6-Day Format

1. Identify the 3 pillars of the HEARTraining
2. Demonstrate basic skills in identifying and applying appropriate interventions from the context of the 3 pillars of the HEARTraining
3. Identify the essential elements of OI Clinical Protocol
4. Demonstrate basic skills in applying appropriate interventions using the OI Clinical Protocol
5. Describe the vestibular system in the context of Orientation
6. Explain the vestibular system for its reorganization
7. Describe Porges' Polyvagal Theory
8. Demonstrate basic skills in integrating appropriate interventions based on Porges' Polyvagal Theory
9. Describe the qualities of perception that are needed to use non-verbal communication as an effective clinical tool.